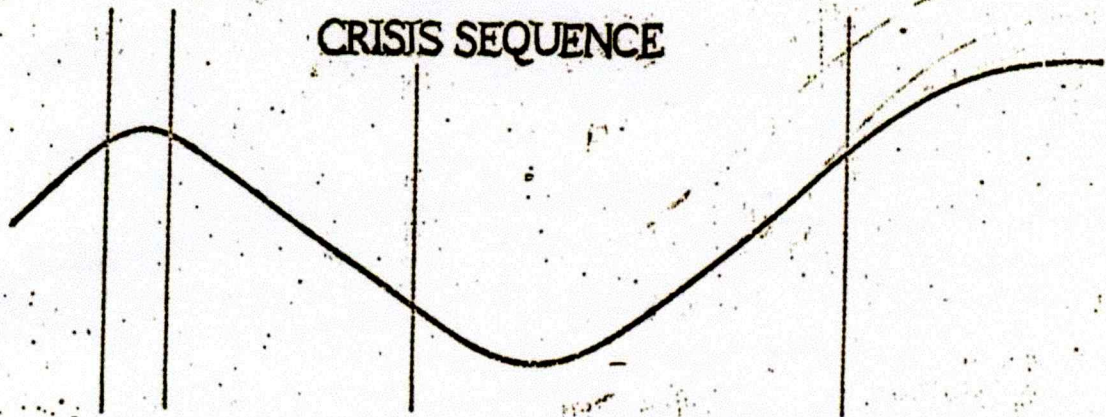


FIGURE 1

# CRISIS SEQUENCE



PHASES:	I	II	III	IV
<u>TIME PERIOD:</u>	HOURS	DAYS	WEEKS	<u>MONTHS</u>
<u>TIME PERSPECTIVE:</u>	PRESENT	PAST		FUTURE
<u>EMOTIONS:</u>	FIGHT-FLIGHT	RAGE-ANXIETY-GUILT DEPRESSION		HOPE
<u>THOUGHT:</u>	DISORIENTATION DISTRACTIBILITY	AMBIGUITY UNCERTAINTY		PROBLEM-SOLVING
<u>DIRECTION:</u>	SEARCH FOR LOST OBJECT	DETACHMENT	SEARCH FOR NEW OBJECT	RE-ATTACHMENT
<u>SEARCH BEHAVIOR:</u>	REMINISCENCE	PERPLEXED SCANNING	EXPLORATION	TESTING

*from a 1970s workshop  
Source unknown*