

INTERNATIONAL INSTITUTE OF MINNESOTA PRESENTS

# FESTIVAL OF NATIONS

Celebrate  
without  
borders. 2019



# WORLD STAGE SCHEDULE

## Sunday, May 5th

**11:30**

Xijiang Miao/Hmong Village  
Performance Troupe

**12:00 \***

Lebanese  
Peruvian  
Persian  
Colombian  
Turkish

**12:45**

Exhibit Awards

**1:00 \***

Flag Ceremony  
Mexican  
Norwegian  
Tamil  
Armenian  
Romanian

**2:00 \***

German  
Bangladeshi  
Swedish  
Lebanese  
Polish  
Learn-A-Dance - Turkish

**3:00 \***

Finnish  
Scottish  
Peruvian  
Hungarian  
Vietnamese  
Learn-A-Dance - Hungarian

## Sunday, May 5th

**4:00 \***

Hungarian  
Finnish  
Czech & Slovak  
Romanian  
Armenian  
Learn-A-Dance - Egyptian

**5:00 \***

Colombian  
Egyptian  
Irish  
Chilean  
Turkish  
Scottish Pipe & Drum

**6:00**

Festival Closes

**\*Adult Dance Groups**

**\*\*Children's Dance Groups**

**\*\*\*Teen Dance Groups**



# ATRIUM STAGE

Sunday, May 5th

<b>10:00</b> Scottish Pipe & Drum <b>10:30</b> Hungarian Musicians
<b>11:00</b> Indian Choir & Musicians <b>11:30</b> Armenian Musician
<b>12:00</b> Swiss Musicians <b>12:30</b> Hungarian Musicians
<b>1:00</b> Trinidadian Musicians <b>1:30</b> Irish Musician
<b>2:00</b> Finnish Musicians <b>2:30</b> Turkish Dancers
<b>3:00</b> Swiss Musicians <b>3:30</b> Trinidadian Musicians
<b>4:00</b> Tamil Dancers <b>4:30</b> Bulgarian Musicians
<b>5:00</b> Serbian Musicians <b>5:30</b> Serbian Musicians

# CAFE STAGE

Sunday, May 5th

<b>10:00</b> Bulgarian Musicians <b>10:30</b> Swiss Musicians
<b>11:00</b> Trinidadian Musicians <b>11:30</b> Irish Musician
<b>12:00</b> Bulgarian Musicians <b>12:30</b> Peruvian Dancer
<b>1:00</b> Armenian Musician <b>1:30</b> Serbian Musicians
<b>2:00</b> Ifrah Mansour, Somalia's Balloon <b>2:30</b> Bulgarian Musicians
<b>3:00</b> Ifrah Mansour, Somalia's Balloon <b>3:30</b> Hungarian Musicians
<b>4:00</b> Ifrah Mansour, Somalia's Balloon <b>4:30</b> Swiss Musicians
<b>5:00</b> Ifrah Mansour, Somalia's Balloon <b>5:30</b> Trinidadian Musicians

# CAFE MENUS *Signature dishes*

## AFRICAN

### AMERICAN 12 <sup>FF</sup>

*Southern Sweet Potato Pie*, Chicken Jambalaya, Assorted Patties (turnover pastry with beef or chicken), Chocolate Chunk Cookies, Jello Cake, Hot Chocolate

## AMERICAN

### INDIAN 27 <sup>FF</sup>

*Buffalo Burgers*, Indian Tacos, Mesquite Chicken Sandwich, Fry Bread, Wild Rice Soup, Popcorn, Fries (Opin sticks), Lemonade

## BANGLADESHI 18

*Fuchka* (Chickpea and potato filling in crispy shell with tamarind sauce), Chicken Korma, Beef Rezala, Peas Polau, Mixed Vegetables, Porota Kabab, Mango Lassi

## BEVERAGES 36

Assorted Cookies, International Sodas, Cold Bottled Beverages

## CAMBODIAN 33 <sup>FF</sup>

*Egg Rolls* (chicken, pork, veggie, crabmeat with cream cheese), Fried Short Noodle, Beef on a stick, Fresh Young Coconut Juice, Iced Zero drink

## CHINESE 35

*Dim Sums*, Sweet and Sour Chicken, Sesame Chicken, Egg Rolls, Fried Rice, Fried Chicken Wings, Chicken on a stick, Steamed Buns,

Cheese Wontons, Egg Waffle, Lemonade, Hot Tea

## COLOMBIAN 16

*Arepas* (corn dough patties stuffed with cheese), *Chorizo* (Colombian non-spicy sausage), *Empanadas* (meat or cheese stuffed turnovers), Chori-Pan (sausage in bun), *Bocadillo* (guava snack), *Cholado* (fruit flavored shaved ice), *Jugo de Lulo* (citrus juice), *Jugo de Mora* (berry juice), *Agua de Panela de Limón* (lemonade), Coffee

## CZECH & SLOVAK

### 2 <sup>FF</sup>

*Halušky* (dumpling, pork and cabbage casserole), *Jitnice* (Czech sausage), *Párky* (hot dog), *Karbanátky* (pork burger), *Chlebický* (open-faced sandwich), *Syrové Kysané Zeli* (fresh sauerkraut), *Smažený Syr* (fried cheese sticks), *Kremrole* (cream horn), *Koláče* (fruit filled pastry), *Linecké cukroví* (assorted cookies), *Káva* (gourmet coffee), *Limonáda* (lemonade)

## DANISH 32

*Æbleskiver* (Danish pancake balls), *Bagebrød* (pastries), *Citron Drik* (lemonade), *Kaffe* (coffee)

## DUTCH 24 <sup>FF</sup>

*Frikandel Speciaal* (hot dog with onion and curry sauce), *Patat* (french fries), *Kaas Plankje* (cheese plate), *Poffertjes* (pancake puffs), *Moorkoppen* (cream puffs), *Appeltaart* (apple pie), *Koekjes* (Cookies), *Roosvicee* (fruit juice), *Thee* (tea), *Koffie* (coffee)

## EGYPTIAN 20 <sup>FF</sup>

Gyros (beef, lamb or chicken), Veggie Falafel, Stuffed Grape Leaves, Egyptian Salad, Hummus & Pita Bread, Baklava, *Lokmet el qadi* (mini-donut), Mango Juice, Hibiscus Tea

## FILIPINO 15 <sup>FF</sup>

*Chicken Adobo* (chicken with soy sauce and rice), *Pancit* (sautéed noodles with chicken and vegetables), *Tocino* *Spam* (sweet cured pork, served with rice), *Lumpia* (pork egg roll), *Kanin* (steamed white rice), Carioca (sweet rice dessert), *Sago* (bubble tea with tapioca pearls), *Tubig* (water)

## FINNISH 21

*Kakku* (fresh strawberry shortcake), *Makkara Voileipä* *Poron Kanssa* (sausage sandwich with reindeer meat), *Silli Voileipä* (pickled herring – plain or in lingonberry sour cream on flatbread),

*Korvapuusti* (cardamom/cinnamon roll), *Mansikka Sitruuna Sokerikakut* (lemon frosted cookies), *Puolukka Mehua* (lingonberry juice), *Presidentti Kahvia* (coffee)

## FRENCH 5

*Les Crêpes Sucrée* (dessert crepe, choice of toppings: Fresh Strawberries, Apple Pie Filling, Raspberry Jam, Hot Fudge, Caramel & Whip Cream), *Les Crêpes Salée* (savory crepe, ham or turkey), *Les Assiettes du Fromage* (cheese plate), *Les Croissants* (Croissants, chocolate and plain), *Les Tartelettes Aux Fraises* (Strawberry tarts), *Les Éclairs* (éclair), *Le Café au lait* (coffee with warm milk), *Le Café Caramel* (coffee with caramel and whipped cream), *Café* (Coffee)

## GREEK 17

*Gyros*, *Horiatiki Salata* (Greek salad), *Loukoumades* (honey puffs), Baklava, Lemonade, Fruit Punch

## HUNGARIAN 23 <sup>FF</sup>

*Gulyas Leves* *Kenyérvel* (Hungarian Goulash served with Bread), *Marha Pörkölt Nokedlivel* (Stewed Beef over Dumplings), *Gomba Pörkölt Nokedlivel* (Sautéed Mushrooms with Paprika over

Eat &  
drink  
without  
borders.



Dumplings), *Savanyú Uborka* (Pickles), Dobos Tort, *Rigo Jancsi* (Chocolate Cream Tort), *Kávé* (coffee), *Tej* (milk).

#### INDIAN 7 FF

*Chicken Tikka*, Samosa with mint and tamarind chutney, *Paneer Tikka*, Chicken Curry, Chana Curry, *Pulao Biryani* (fried rice with vegetables), Tandoori Chicken, *Samosa Chaat*, *Dosa*, *Gulab Jamun*, *Dosa*, Mango Lassi, Chai Tea.

#### ITALIAN 11 FF

*Tiramisù*, Pizza, *Le lasagne* (lasagna), *Pane al formaggio* (cheese bread), *Olive Miste* (mixed olives), Cannoli, *Caffè con panna* (Italian coffee).

#### JAPANESE 4 FF

*Teriyaki (beef teriyaki rice bowl)*, Gyoza (potstickers – chicken/vegetable), Sesame Chicken over Rice, *Edamame* (green soy beans), Sushi (California, Spam Musubi, Vegetable roll), Ramen Noodles, Yakisoba Noodles (vegetarian), Kakigori Snow Cones, Fortune Cookies, Sakura Cherry Blossom Punch

#### KOREAN 22 FF

*Bibimbap* (rice mixed with vegetables and beef), *Mandu* (Korean dumplings), *Ramen* (Korean spicy noodles), Kimchi, *Yachea – Chun* (Korean Style Pancake with green onion)

#### LEBANESE 1 FF

*Kibbi Mihshiyyi –bit Laban* (stuffed Kibbi spheres & yogurt), Falafel Sandwich, *Mishi Waraq 'Inab –bit Laban* (stuffed grape leaves with yogurt), Tabouli Salad, *Hummus bit-Tahini* (hummus with pocket bread), *Slata* (garlic salad), Mezza Sampler Plate (grape leaves, feta cheese,

Lebanese olives & pickles, choice of salad, hummus, pocket bread), *Baklawa*, *Zlabya* (sweet bread), *Sharab Ward* (Lebanese Rose Drink)

#### MEXICAN 8 FF

*Tacos*, Tamales, Burritos, Tostadas, *Tornado Papas* (potatoes on a stick), *Elote* (roasted corn), Nachos (chips, cheese and pico de gallo), *Flan* (Mexican custard), *Churros* (cinnamon sweet bread), Donas, Mangos, *Jugode Frutas* (fruit juice), Mangonadas, Chicharrones

#### NEPALESE 28 FF

*Kukhura Ko Masu* (chicken curry), *Aaloo Dum* (spicy Potato curry), *Bhat* (plain rice), *Momo* (chicken dumpling), Bread Pudding, Mango Lassi, Lemonade, Mango Juice, Water

#### NIGERIAN 29 FF

*Moi-Moi* (bean cake), Jollof Rice, Goat Stew, Fried Plantain, *Akara* (Fried Beans), Meat Pie, Guava Juice, Malta Drink

#### NORWEGIAN 30

*Lefse*, Viking in a Blanket (sausage wrapped in lefse), Troll in a Blanket, Fruit Soup, *Krumkaker* (waffle cookie), Rice Pudding (with cinnamon and sugar or lingonberry sauce), Coffee, Lingonberry Drink

#### PALESTINIAN 34 FF

*Falafel Plate & Sandwich*, Chicken Kabob, Grape Leaves, Spinach Pie, Cheese Pie, Za'atar Pie, Hummus with Bread, Arabic Salad, Pickle, Potato Fries with Garlic Sauce, Baklava, Mango Juice, Pink Lemonade

#### PERUVIAN 13 FF

*Lomo Saltado Sandwich* (stir-fried steak sandwich), *Beef Empanadas* (baked turnovers), *Salchipapas* (hot dog with fries), Alfajor, Cupcakes, *Maracuyá* (passion fruit drink), Lemonade, *Chicha Morada* (purple corn drink with a hint of lime).

#### POLISH 10

*Pierogi* (stuffed dumpling), *Bigos* (Sauerkraut Stew), *Kielbasa* (Polish sausage), *Kabanosy* (meat stick), *Makowiec* (poppy seed cake), *Sernik* (cheesecake), *Malinowa Herbata* (raspberry tea, cold)

#### SOMALI 25 FF

*Sambuza* (beef, chicken or veggie), Lamb Taco, Veggie Taco, Smoothies (pineapple, strawberry or banana)

#### SUDANESE 3

Chicken Curry, Gyro (beef or chicken), *Foul* (Stewed fava beans), Hummus With Pita bread, Falafel, Spiced Rice, Mixed Vegetable, Baklava, Mediterranean Salad, Mango juice, Hibiscus Tea, Lemonade

#### TAIWANESE 6 FF

*Taiwanese Burger* (Seasoned Pork on a Steamed Bun), Salt & Pepper Chicken, Fried Rice, Pot Stickers, Braised Pork Rice, Slush, Iced Black Tea, Bubble Tea

#### THAI 31 FF

*Pad Thai*, Fried Spring Roll, Chicken Satay, Fried Rice, Chicken Curry with Rice, Fried Jam & Taro, Iced Tea, Iced Coffee, Bubble Tea

#### TIBETAN 9 FF

*Sha-MoMo* (beef dumpling), *Tse MoMo* (vegetable dumpling), *Cho Cho* (Tibetan

Chicken Lomein), *Shogok* (spiced potato), *Bojha* (Tibetan butter tea), *Jha Ngamo* (spiced milk tea), Green Tea, Lemonade, Cold Sweet Tea

#### TURKISH 14 FF

*Baklava*, *Börek* (spinach & feta cheese pie), *Köfte* (meatballs), *Piyaz* (bean salad), *Kısır* (bulgar wheat salad), *Lahmacun* (eggplant salad), Hummus Platter, *Lokum* (Turkish Delight), *Kahve* (Turkish coffee), *Cay* (Turkish tea) *Limonata* (lemonade)

#### UKRAINIAN 26 FF

*Vareniky* (potato filled dumplings), *Kovbasa* (sausage served with bread and pickle), *Zefir* (Dipped chocolate marshmallow)

#### VIETNAMESE 19 FF

*Sesame Chicken*, Egg Rolls, *Chicken Dumpling* (pot sticker), Spring Rolls, Lemon Grass Chicken, Cream Cheese Wonton, Spicy Chicken Noodle Salad, Egg Roll Noodle Salad, *Bánh Mì* (Vietnamese style sandwiches), Vietnamese Coffee

#### BEER & WINE OF THE WORLD 38

Enjoy the experience of International Beers and Wines

Friday, 4:30 - 10:00  
Saturday, Noon - 9:00  
Sunday, Noon - 5:00

# FESTIVAL OF NATIONS

## 2019

For 87 years, the Festival of Nations has inspired people throughout the region to discover more about our world and embrace the rich cultural diversity brought to us by immigrants from around the globe. In 2019, the Festival will continue its legacy as the longest running multicultural festival in the Midwest and, once again, collaborate with more than 100

ethnic groups to create a truly unique experience - one that celebrates cultural heritage and provides our community's immigrants with a platform to express their stories through world-class performances, exhibits, ethnic cuisine, and personal connections.

### FESTIVAL OF NATIONS OPERATIONS COMMITTEE

Aisling Reynolds, *Festival Manager*  
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Linda DeBeau-Melting, *Demonstrations*  
Faith Loggers-Jamnik, *Volunteer Coordinator*  
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Maria Sidorenko, *Education Coordinator*  
Courtney & Mike Silvan, *Bazaar*  
Natasha Singer, *Festival Coordinator*  
Colleen Stelmach, *World Stage*  
TJ Wiatros, *Cafes*



INTERNATIONAL INSTITUTE  
*of Minnesota*

The Festival of Nations is presented by the International Institute of Minnesota: an organization committed to helping immigrants and refugees achieve full membership in American life. For 100 years, the Institute has helped New Americans successfully transition to life in Minnesota. Through employment services, refugee services, immigration assistance and English-

language education, the Institute empowers New Americans to thrive.

*Learn more at [impact.iimn.org](http://impact.iimn.org)*

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# DEMONSTRATIONS

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African Warrior Bow  
Armenians Silk Road  
Chinese Calligraphy  
Columbian Tapestries  
Ecuadorian Loom  
German Porcelain  
Ghanaian Hairbraiding  
Hmong Needlework  
Indian Mural Art

Indian Traditional Painting  
International Lace  
Japanese Kimono  
Khmer Art  
Mexican Textiles  
Norwegian Hardanger  
Ojibwe Beadwork  
Ojibwe Silversmith  
Polish Folk Art

Scandinavian Vikings  
Senegalese Pottery  
Swiss Woodcarving  
Ukrainian Eggs  
Vietnamese Ceremony  
Khmer Martial Arts  
Mongolian Yurt  
Bocce Ball  
Indian Henna

# CULTURAL EXHIBITS

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Afghani  
Albanian  
Bangladeshi  
Bulgarian  
Cambodian  
Carpatho-Rusyn  
Chinese  
Colombian  
Croatian  
Czech & Slovak  
Dutch  
Egyptian  
Finnish  
French  
Greek

Guatemalan  
Hmong  
Hungarian  
Indian  
Italian  
Jamaican  
Korean  
Latvian  
Lithuanian  
Nepalese  
Pakistani  
Palestinian  
Peruvian  
Polish  
Romanian

Russian  
Slovenian  
Sri Lankan  
Sudanese  
Taiwanese  
Tamil  
Thai  
Tibetan  
Turkish  
Vietnamese

# BAZAARS

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African American  
Angolan  
Bolivian  
Bulgarian  
Burkinabe  
Cambodian  
Chilean  
Chinese  
Chippewa  
Colombian  
Ecuadorian  
Egyptian  
Filipino  
Finnish  
French

German  
Ghanaian  
Greek  
Hmong  
Indian  
Iranian  
Japanese  
Kenyan  
Lakota  
Malgache  
Mexican  
Moroccan  
Mozambican  
Nepalese  
Pakistani

Peruvian  
Polish  
Rwandan  
Russian  
Scottish  
Seychellois  
Sri Lankan  
Taiwanese  
Tanzanian  
Thai  
Tibetan  
Togolese  
Turkish  
Venezuelan  
Vietnamese

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